

# YORKSHIRE SWIMMING ASSOCIATION WINTER COMPETITION 2021 – LOWER AGE GROUPS

(2NE210310)

**CLOSING DATE EXTENDED TO 1<sup>ST</sup> OCTOBER 2021**

**Saturday 23<sup>rd</sup> & Sunday 24<sup>th</sup> October 2021**

Ponds Forge International Sports Centre, Sheffield, Short Course – 25 metre.

**Age at 24<sup>th</sup> October 2021**

## Saturday 23<sup>rd</sup> October 2021

Session One – Warm Up 8am – Start 9am

Girls 9/10 years	50m Free
Boys 9/10 years	50m Free
Girls 11-12 years	100m Breast
Boys 11-12 years	100m Breast
Girls 9/10 years	100m I.M.
Boys 9/10 years	100m I.M.
Girls 11-12 years	100m Back
Boys 11-12 years	100m Back
Girls 9/10 years	50m Back
Boys 9/10 years	50m Back

Session Two – Warm Up 1pm – Start 2pm

Girls 11/12 years	200m I.M.
Boys 11/12 years	200m I.M.
Girls 9/10 years	50m Breast
Boys 9/10 years	50m Breast
Girls 11/12 years	50m Free
Boys 11/12 years	50m Free
Girls 9/10 years	100m Fly
Boys 9/10 years	100m Fly
Girls 11-12 years	100m Fly

## Sunday 24<sup>th</sup> October 2021

Session Three – Warm Up 8-30am – Start 9-30am

Boys 11/12 years	50m Back
Girls 11/12 years	50m Back
Boys 9/10 years	50m Fly
Girls 9/10 years	50m Fly
Boys 11/12 years	100m Free
Girls 11/12 years	100m Free
Boys 9/10 years	100m Breaststroke
Girls 9/10 years	100m Breaststroke
Boys 11/12 years	50m Fly
Girls 11/12 years	50m Fly

Session Four – Warm Up 1pm – Start 2pm

Boys 11/12 years	50m Breast
Girls 11/12 years	50m Breast
Boys 9/10 years	100m Back
Girls 9/10 years	100m Back
Boys 11-12 years	100m Fly
Girls 9/10 years	100m Freestyle
Boys 9/10 years	100m Freestyle
Girls 11/12 years	400m I.M.
Boys 11/12 years	400m I.M.

**All Events Heat Declared Winner. Medals will be awarded to swimmers placed 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> in each of the Age Groups 9,10,11 & 12 years.**

**REVISED QUALIFYING TIMES FOR A 25 METRE POOL (LONG COURSE CONVERTED TIMES ACCEPTED)  
(ENTRY TIMES MUST BE RECORDED IN BRITISH SWIMMING RANKINGS SINCE 1<sup>ST</sup> SEPTEMBER 2019 AT ANY LEVEL)**

BOYS				
EVENT	9	10	11	12
50m Freestyle	52.1	43.4	38.6	36.0
100m Freestyle	1.51.6	1.37.9	1:27.8	1:18.5
50m Breaststroke	1.10.5	59.6	52.9	47.8
100m Breaststroke	2.32.3	2.11.0	1:56.6	1:45.1
50m Butterfly	1.09.5	52.5	47.2	41.0
100m Butterfly	2.30.2	2.14.9	1:42.3	1:31.9
50m Backstroke	59.9	51.3	46.6	41.9
100m Backstroke	2.09.3	1.53.5	1:41.3	1:33.0
100m Individual Medley	2.18.0	1.55.7		
200m Individual Medley			3.40.5	3.18.3
400m Individual Medley			7.14.5	7.04.6

GIRLS				
EVENT	9	10	11	12
50m Freestyle	49.5	41.3	37.8	34.5
100m Freestyle	1.51.6	1.32.8	1:24.2	1:16.1
50m Breaststroke	1.05.1	56.1	50.5	46.2
100m Breaststroke	2.24.7	2.05.4	1:51.0	1:40.7
50m Butterfly	1.03.3	48.9	43.9	38.6
100m Butterfly	2.30.0	1.57.0	1:41.2	1:28.2
50m Backstroke	57.5	48.6	44.3	40.5
100m Backstroke	2.10.2	1.46.4	1:35.7	1:28.6
100m Individual Medley	2.09.1	1.47.2		
200m Individual Medley			3:28.5	3:07.6
400m Individual Medley			7.03.5	6.34.5

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