

YORKSHIRE SWIMMING ASSOCIATION

WINTER COMPETITION 2018

(ASA Licensed at Level 2)

Saturday 29th September & Sunday 30th September 2018

John Charles Centre for Sport, Leeds

Short Course – 25 metre.

Age at 21st October 2018

Saturday 29th September 2018

Session One – Warm Up 8am – Start 9am

Girls 9/10 years	50m Free
Boys 9/10 years	50m Free
Girls 11-12 years	100m Breast
Boys 11-12 years	100m Breast
Girls 9/10 years	100m I.M.
Boys 9/10 years	100m I.M.
Girls 11-12 years	100m Back
Boys 11-12 years	100m Back
Girls 9/10 years	50m Back
Boys 9/10 years	50m Back

Session Two – Warm Up 1pm – Start 2pm

Girls 9/10 years	50m Breast
Boys 9/10 years	50m Breast
Girls 11/12 years	200m I.M.
Boys 11/12 years	200m I.M.
Girls 9/10 years	100m Fly
Boys 9/10 years	100m Fly
Girls 11/12 years	50m Free
Boys 11/12 years	50m Free

Sunday 30th September 2018

Session Three – Warm Up 8am – Start 9am

Boys 11/12 years	50m Back
Girls 11/12 years	50m Back
Boys 9/10 years	50m Fly
Girls 9/10 years	50m Fly
Boys 11/12 years	100m Free
Girls 11/12 years	100m Free
Boys 9/10 years	100m Breaststroke
Girls 9/10 years	100m Breaststroke
Boys 11/12 years	50m Fly
Girls 11/12 years	50m Fly

Session Four – Warm Up 1pm – Start 2pm

Girls 11/12 years	50m Breast
Boys 11/12 years	50m Breast
Girls 9/10 years	100m Back
Boys 9/10 years	100m Back
Girls 11-12 years	100m Fly
Boys 11-12 years	100m Fly
Girls 9/10 years	100m Freestyle
Boys 9/10 years	100m Freestyle

All Events Heat Declared Winner. Medals will be awarded to swimmers placed 1st, 2nd and 3rd in each of the Age Groups 9,10,11 & 12 years.

QUALIFYING TIMES FOR A 25 METRE POOL

LONG COURSE CONVERTED TIMES ACCEPTED

(ENTRY TIMES MUST BE RECORDED IN BRITISH SWIMMING RANKINGS)

BOYS

EVENT	9	10	11	12
50m Freestyle	44.8	38.4	35.6	33.0
100m Freestyle	1.36.7	1.26.6	1:18.8	1:12.2
50m Breaststroke	1.00.8	52.5	50.2	46.9
100m Breaststroke	2.11.5	2.00.0	1:48.2	1:40.9
50m Butterfly	1.00.4	55.5	42.9	39.1
100m Butterfly	2.10.6	1.59.9	1:32.1	1:23.8
50m Backstroke	51.1	45.6	42.9	39.7
100m Backstroke	1.52.4	1.40.9	1:32.1	1:26.6
200m Individual Medley			3:26.1	3:02.9
100m Individual Medley	1:59.2	1.44.2		

GIRLS

EVENT	9	10	11	12
50m Freestyle	43.5	37.5	34.4	32.5
100m Freestyle	1.35.6	1.22.5	1:15.3	1:10.8
50m Breaststroke	56.6	49.9	45.9	43.6
100m Breaststroke	2.05.8	1.52.6	1:40.9	1:34.1
50m Butterfly	58.4	45.1	39.9	36.9
100m Butterfly	2.10.4	1.42.3	1:30.2	1:21.1
50m Backstroke	50.2	43.7	40.7	38.5
100m Backstroke	1.52.2	1.37.0	1:27.2	1:22.4
200m Individual Medley			3:08.5	2:54.5
100m Individual Medley	1:52.3	1.37.6		

CLOSING DATE – 14th SEPTEMBER 2018