

YORKSHIRE SWIMMING ASSOCIATION

WINTER COMPETITION 2018

(ASA Licensed at Level 2)

Saturday 15th & Sunday 16th September 2018

John Charles Centre for Sport, Leeds

Short Course – 25 metre.

Age at 21st October 2018

Saturday 15th September 2018

Session One – Warm Up 8am – Start 9am

| | |
|-------------------|-------------|
| Girls 9/10 years | 50m Free |
| Boys 9/10 years | 50m Free |
| Girls 11-12 years | 100m Breast |
| Boys 11-12 years | 100m Breast |
| Girls 9/10 years | 100m I.M. |
| Boys 9/10 years | 100m I.M. |
| Girls 11-12 years | 100m Back |
| Boys 11-12 years | 100m Back |
| Girls 9/10 years | 50m Back |
| Boys 9/10 years | 50m Back |

Session Two – Warm Up 1pm – Start 2pm

| | |
|-------------------|------------|
| Girls 9/10 years | 50m Breast |
| Boys 9/10 years | 50m Breast |
| Girls 11/12 years | 200m I.M. |
| Boys 11/12 years | 200m I.M. |
| Girls 9/10 years | 100m Fly |
| Boys 9/10 years | 100m Fly |
| Girls 11/12 years | 50m Free |
| Boys 11/12 years | 50m Free |

Sunday 16th September 2018

Session Three – Warm Up 8am – Start 9am

| | |
|-------------------|-------------------|
| Boys 11/12 years | 50m Back |
| Girls 11/12 years | 50m Back |
| Boys 9/10 years | 50m Fly |
| Girls 9/10 years | 50m Fly |
| Boys 11/12 years | 100m Free |
| Girls 11/12 years | 100m Free |
| Boys 9/10 years | 100m Breaststroke |
| Girls 9/10 years | 100m Breaststroke |
| Boys 11/12 years | 50m Fly |
| Girls 11/12 years | 50m Fly |

Session Four – Warm Up 1pm – Start 2pm

| | |
|-------------------|----------------|
| Girls 11/12 years | 50m Breast |
| Boys 11/12 years | 50m Breast |
| Girls 9/10 years | 100m Back |
| Boys 9/10 years | 100m Back |
| Girls 11-12 years | 100m Fly |
| Boys 11-12 years | 100m Fly |
| Girls 9/10 years | 100m Freestyle |
| Boys 9/10 years | 100m Freestyle |

All Events Heat Declared Winner. Medals will be awarded to swimmers placed 1st, 2nd and 3rd in each of the Age Groups 9,10,11 & 12 years.

QUALIFYING TIMES FOR A 25 METRE POOL

LONG COURSE CONVERTED TIMES ACCEPTED

(ENTRY TIMES MUST BE RECORDED IN BRITISH SWIMMING RANKINGS)

| BOYS | | | | |
|------------------------|--------|--------|--------|--------|
| EVENT | 9 | 10 | 11 | 12 |
| 50m Freestyle | 44.8 | 38.4 | 35.6 | 33.0 |
| 100m Freestyle | 1:36.7 | 1:26.6 | 1:18.8 | 1:12.2 |
| 50m Breaststroke | 1:00.8 | 52.5 | 50.2 | 46.9 |
| 100m Breaststroke | 2:11.5 | 2:00.0 | 1:48.2 | 1:40.9 |
| 50m Butterfly | 1:00.4 | 55.5 | 42.9 | 39.1 |
| 100m Butterfly | 2:10.6 | 1:59.9 | 1:32.1 | 1:23.8 |
| 50m Backstroke | 51.1 | 45.6 | 42.9 | 39.7 |
| 100m Backstroke | 1:52.4 | 1:40.9 | 1:32.1 | 1:26.6 |
| 200m Individual Medley | | | 3:26.1 | 3:02.9 |
| 100m Individual Medley | 1:59.2 | 1:44.2 | | |
| GIRLS | | | | |
| EVENT | 9 | 10 | 11 | 12 |
| 50m Freestyle | 43.5 | 37.5 | 34.4 | 32.5 |
| 100m Freestyle | 1:35.6 | 1:22.5 | 1:15.3 | 1:10.8 |
| 50m Breaststroke | 56.6 | 49.9 | 45.9 | 43.6 |
| 100m Breaststroke | 2:05.8 | 1:52.6 | 1:40.9 | 1:34.1 |
| 50m Butterfly | 58.4 | 45.1 | 39.9 | 36.9 |
| 100m Butterfly | 2:10.4 | 1:42.3 | 1:30.2 | 1:21.1 |
| 50m Backstroke | 50.2 | 43.7 | 40.7 | 38.5 |
| 100m Backstroke | 1:52.2 | 1:37.0 | 1:27.2 | 1:22.4 |
| 200m Individual Medley | | | 3:08.5 | 2:54.5 |
| 100m Individual Medley | 1:52.3 | 1:37.6 | | |

CLOSING DATE – 5th SEPTEMBER 2018