

The Yorkshire Swimming Association

COACHES DEVELOPMENT DAY

Sunday 10th September 2017

9.00 a.m. – 4.30 p.m.

(Registration from 8.15 a.m. until 8.45 a.m.)

at the Leeds Beckett University

Headingley Campus

Church Wood Avenue

LEEDS

LS6 3QS

Yorkshire Swimming Association

COACHES DEVELOPMENT DAY

Leeds Beckett University, Headingley Campus, LEEDS

SPEAKERS

Jon Rudd (Swim Ireland National Performance Director)
Yorkshireman Jon was a competitive swimmer in Hull before moving into coaching. He was the coach to 2012 Olympic Games Gold medalist and World Record holder Rita Meilutyte and 2016 Olympic Games finalist Ben Proud.

Dr Michael Peyrebrune (Sports Science advisor for British Swimming) – Mike is an ex GB and Scottish International swimmer, tutor and has also coached at the highest level, as well as being one of the most respected Sport Science advisors in the World. He has been at the forefront of his profession for over 20 years.

Tim Stevenson (One Athlete) - Tim is a Director of One Athlete, was the Strength and Conditioning Coach for the GB Para Team in the lead up to the 2016 Paralympics in Rio, and is the lead strength coach for Swim Skills.

Fred Furness (Swim England) – Yorkshireman Fred has coached some of the best clubs in the country including, City of Sheffield, Rotherham Metro and Borough of Kirklees, is an Olympic Coach and is currently working for Swim England as a Talent Development Officer.